

MEETING MINUTES

Guthrie Public Schools

Wellness Committee

Administration Building

December 12, 2024

Meeting called to order at 3:45pm by: Dr Michelle Chapple, Chief Financial Officer & Wellness Committee Chair

Committee members present: Dr. Michelle Chapple (Admin), Daniqua Bickell (Child Nutrition), Chancie Helton (Fogarty), Rusty Crockett (Cotteral), Keith Hedge (Central), Bret Stone (High School), Susan Whitehead (Junior High), Aaron Harbin (Charter Oak), Jana Wanzer (Admin), Laura Boyd (GUES), Carmen Walters (Admin).

Agenda Items:

Dr. Chapple opened the meeting with greeting and introductions of all committee members. She thanked members for joining the meeting today and for working hard to ensure the students and staff of GPS district are healthy. She addressed the importance and purpose of the Wellness committee for the district and community. Reiterated that all members should convey the meeting handouts, discussion and new facts introduced to other staff members upon returning to their respective sites. The agenda items overview was discussed.

The Wellness Policy and minutes from the previous meeting (November 9, 2023) were reviewed. Group discussion of the module was conducted. She informed the group that there are 11 modules total and made a motion to complete Module ten – Family Engagement by January 10, 2025. Approved by unanimous consent. All reports should be submitted to the Finance office via email or school mail.

Dr. Chapple informed the committee that “e-blasts” would continue to be sent out district wide. State health report was reviewed along with handouts relating to the health of employees, staff and students. All committee members in attendance played several rounds of KaHoot! pertaining to family engagement. This allowed the Committee Chair to identify any areas that need to be discussed further. Healthy snacks were provided by Dr. Chapple. After much research she featured Kombucha, which is a healthy and tasty drink in the variety of pineapple peach. Committee members were further provided with Kind nutrition bars in the flavor of dark chocolate, nuts and sea salt.

Meeting was recapped by Dr. Chapple and asked committee members what they value the most regarding their involvement with family engagement.

Dr. Chapple closed the meeting by reminding the committee that module ten is due on 1-10-25 and thanked all for attending. Meeting dismissed at 4:55pm